

# The Church of the Incarnation

544 Prospect Street  
Wethersfield, CT 06109



Rev. James M. Moran  
**Pastor**

Mrs. Noranne Wamester  
**Pastoral Associate**

Mrs. Audrey Saharek  
**Pastoral Assistant**

Mrs. Teri Aiudi  
**Rectory Office Assistant**  
**Faith Formation Secretary**

Mrs. Theodora Niver  
**Director of Music**  
Vanessa Crowley  
Lorissa Heath  
Rosanne Sweeney Gowdy  
Andrew Russo  
Heather Picard Bonney  
**Cantors**

Toni Munoz  
**Sacristan**

Maggie Seaver  
**Youth Minister**

## Mass Schedule

Confessions on Saturdays from 3:45 - 4:30p.m.  
Vigil Mass: Saturday at 5:00p.m.  
Sunday Masses: 8:30 & 10:30 a.m.  
Daily Mass: (Mon. - Fri.) 9:00 a.m.  
Recitation of the Rosary before  
9:00 a.m. daily Mass

## Sacrament of Baptism

By previous appointment  
Sundays at 12:30 p.m. in the Baptistry of the Chapel.

## Weddings

Please contact a priest 6-10 months prior.

## New Parishioners and Faith Formation Registration

The Church of the Incarnation welcomes new parishioners. All forms are available at the main entrance of the church. Please mail or place in the collection basket.

You may also visit our website for printable forms at:  
[www.thechurchoftheincarnation.com](http://www.thechurchoftheincarnation.com)

## Rectory Hours

9:00 a.m. - 4:30 p.m.

**Rectory**  
(860) 529-2533

**Fax**  
(860) 721-6595

**Church E-Mail**  
[cincarnation@sbcglobal.net](mailto:cincarnation@sbcglobal.net)

**Faith Formation**  
(860) 529-6765

**Website address:**  
[www.thechurchoftheincarnation.com](http://www.thechurchoftheincarnation.com)

**SATURDAY, MARCH 22ND**

9:00 am—Muriel Carlson

5:00pm - Deceased members  
of the Hickey & Shea Families**SUNDAY, MARCH 23RD**

8:30am— Maria, Manuel &amp; Guida Loura

10:30am— Anthony Melillo

**MONDAY, MARCH 24TH**

9:00am— Vincent Scully

**TUESDAY, MARCH 25TH**

9:00am—Mary D'Efemia &amp; Donald D'Efemia

**WEDNESDAY, MARCH 26TH**

9:00am—For all our parishioners

**THURSDAY, MARCH 27TH**

9:00am—John &amp; Virginia Karnosky

**FRIDAY, MARCH 28TH**9:00am— Santa & James Cobisi and Tina &  
Frank Tummillo**SATURDAY, MARCH 29TH**

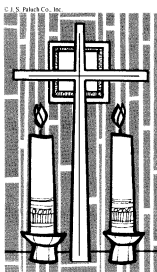
9:00am—Pasquale Piccolo

5:00pm— Deceased members of the Knights  
of Columbus**SUNDAY, MARCH 30TH**

8:30am— Rosa Capasso

10:30am— Paolo &amp; Santa Zocco

**The Sanctuary Candle** will burn  
from 3/24/2014—3/30/2014 in  
memory of Salvatore Mistretta.



**The Blessed Virgin Mary  
Candle** will burn from 3/24/2014  
-3/30/2014 in memory of Harry &  
Millie Kugge.

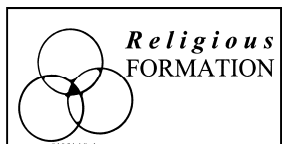


**You are cordially invited to:**  
**An Afternoon of Poetry & Song  
with Fr. Henry Frascadore and  
Still Small Voice on Sunday,**  
March 23, 2014 at 3:00pm at In-  
carnation Church. Fr. Henry will share his  
poetry and spiritual insights from his most  
recent publication **Conversations After Sun-  
set**. Fr. Frascadore is an "artist of the  
word", who carefully selects words to create  
images and ideas that bring the reader or lis-  
tener to the awareness that the greatest gift of  
life lies in truly being present to the world  
around us. We are so very grateful for the op-  
portunity to see life through Father's eyes  
and words. **Still Small Voice** is a group of six  
musicians who will compliment Father's in-  
spirational words and will help guide us on  
our Lenten journey. Consider setting aside  
one hour on this day to rest in the images of  
the Lord and of life itself. It is good to em-  
brace the Sabbath in our lives, especially  
during this holy season of Lent. Small recep-  
tion to follow in Fr. Crawford Hall. Fr. Henry  
will bring some of his books for purchase, if  
anyone interested.



**New Day Bereavement Support Group:**  
Monday, March 24th from 1-2 in the rectory.

**SAVE THE DATE for the Parish Com-  
munion Supper on Thursday, April 10th  
commemorating the 50th Anniversary of  
the Women's Club.** Mass at 6pm with Din-  
ner in Fr. Crawford Hall at 7:00pm. Our spe-  
cial guest speaker will be The Most Rever-  
end Peter A. Rosazza, D.D. See flyers.



Youth Ministry: Sunday, March 23rd - 6:30-8pm. All High School aged youth are welcome to join us as we explore the themes of Lent and discover how they relate to personal growth and spiritual renewal.



### **The Lenten Discipline**

Fast from judging others; Feast on Christ dwelling in them.

Fast from emphasis on differences; Feast on unity of all life.

Fast from apparent darkness; Feast on the reality of all light.

Fast from thoughts of illness; Feast on the healing power of God.

Fast from words that pollute; Feast on phrases that purify.

Fast from discontent; Feast on gratitude.

Fast from anger; Feast on patience. Fast from pessimism; Feast on optimism.

Fast from worry; Feast on God's providence. Fast from complaining; Feast on appreciation.

Fast from negatives; Feast on affirmatives.

Fast from unrelenting pressures; Feast on unceasing prayer.

Fast from hostility; Feast on non-resistance. Fast from bitterness; Feast on forgiveness.

Fast from self-concern; Feast on compassion for others.

Fast from personal anxiety; Feast on eternal truth.

Fast from discouragement; Feast on hope.

Fast from facts that depress; Feast on verities that uplift.

Fast from lethargy; Feast on enthusiasm. Fast from suspicion; Feast on truth.

Fast from thoughts that weaken; Feast on promises that inspire.

Fast from shadows of sorrow; Feast on the sunlight of serenity.

Fast from idle gossip; Feast on purposeful silence.

Fast from problems that overwhelm; Feast on prayer that sustains.

**The Family Pizza Supper for those receiving First Communion will be Friday, March 28th at 5:30pm in Fr. Crawford Hall.**

**Saturday, March 29th:** Faith Formation final session at Emerson-Williams School.

**Children's Liturgy of the Word** will be held next Sat., March 29th at 5pm Mass.

**The Poor Person's Soup Supper for the benefit of The House of Bread and Kid's Cafe will be next Sunday, March 30, at 5pm.** Tickets will be on sale after all Masses next weekend in the Narthex and Father Crawford Hall. Tickets are \$5 for adults and \$3 for children under twelve, children under five years are free. Everyone is invited to bring a bottle of vegetable oil or a box/bag of rice along with a loaf of bread to the supper. These are necessary items in a soup kitchen.

**There will also be a bake sale sponsored by our Confirmation candidates after all Masses next week to benefit Kid's Cafe.** The Confirmation candidates and Kid's Cafe team are very grateful for your continued support of their dedication to the Kid's Cafe.

**Grades 7 & 8 Faith Formation** Communities will meet for their last session this week.

**Lent:** All families are encouraged to respond to the reflective call of the Lenten season. Worshipping as a family, praying together, sharing a kindness to one another and reading Scripture are wonderful ways to prepare our hearts and souls during Lent. Our bulletin has a weekly Scripture lesson written by our parishioner Barbara Gawle. Barbara leads our parish Bible Study. The more we can be fed by God's Word, the stronger we can become on our journey of faith. Let us join together in prayer and sacrifice during this holy season. Blessings, Noranne S. Wamester



## A Weekly Bible Study

3<sup>rd</sup> Sunday of Lent — Exodus 17:3-7

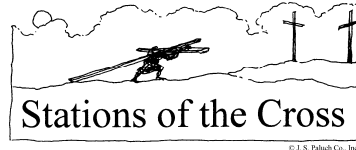
Everyone is frustrated! Moses, the People, God! Chosen to lead God's people through what will become a forty-year wilderness journey, Moses is angry and impatient. Is it at God? *Why did you have to call me for this thankless task?* Perhaps at himself? *Where is my own faith when the going gets tough? Why can't I get these people to cooperate?* Certainly at the bellyaching crowds! *They always blame me for their misery!* Grumble, grumble, grumble. A reaction all too common when the way becomes difficult!

How quickly the Israelites have forgotten their oppression in Egypt. And how quickly they have lost sight of the great miracle – the parting of the waters – God had worked on their behalf. Not to mention the bread from heaven He provided them in great measure as they complained of their hunger. Now it will take another miracle to restore their confidence. God will instruct Moses to raise the very staff that made Egypt's waters undrinkable turning the Nile to blood. That same staff will strike the rock enabling clear, refreshing, life-giving water to flow freely.

Rabbinic tradition expands on this event, considering the rock as a spring that followed the Israelites throughout their journey. St. Paul further applies this image to Christ, the source of living water, the Rock that guided Israel's experience in the desert (1 Cor. 10:3-5). Their wilderness sojourn will prove to be difficult as they encounter physical hardship and enemy threat. God will put them to the test. But in time they will realize that God was indeed with them providing guidance, sustenance and protection. And as they journey through their turbulent history, they – and we – will discover deep within our hearts that our true hunger and thirst has been for God himself.

*O God, you are my God, it is you I seek! For you my body yearns; for you my soul thirsts, in a land parched, lifeless, and without water. (Ps 63:2)*

**The Church of the Incarnation awards two scholarships annually for our parishioners entering area Catholic High Schools. The Application deadline is April 1<sup>st</sup>. If interested call Noranne Wamester at (860) 529-6765.**



Stations of the Cross

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**Archbishop Blair** has encouraged parishes to cooperate in the scheduling of masses and liturgical services to help ease pressure caused by the shortage of priests. In this spirit, the parishes of Wethersfield have agreed to centralize the commemoration of the Stations of the Cross at Corpus Christi Church, on the Fridays of Lent at 7:30pm. Lenten Mass Schedule at Corpus Christi Church: Daily Masses: 7am & 5:30pm. Saturday Morning Mass is at 7:30am.

**House of Bread** collection this weekend. Coffee & sugar are needed. **Please note: Place your items in bags in the Chapel entrance in the trunks Thank you!**

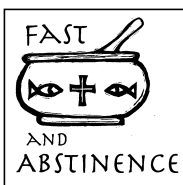
**Please note:** We only collect food for specific collections. If you would like to donate food please bring your items to Wethersfield Social Services at the Town Hall. Thanks.

**Third Sunday of Lent  
March 23, 2014**

**While we were still sinners Christ died for us.**

**— Romans 5:8**

**LENTEN CONFESSIONS:** If you have gotten caught up in the busyness of life and have fallen away from the Sacrament of Reconciliation, you can change that. This Lenten season, the Archdiocese of Hartford is initiating an Archdiocesan-wide effort to inspire Catholics to experience God's love and mercy offered in the Sacrament of Reconciliation. Every church in the Archdiocese will be open on Mondays from 6-7pm during Lent for Confessions. Visit: [Light4you.info](http://Light4you.info).



© Annika Nelson

**Lenten Regulations:** Catholics ages 14 and older are to abstain from meat on all Fridays during Lent. The rule does not apply when health or ability to work would be seriously impacted. Catholics who

have celebrated their 18th birthday, but have not yet marked their 59th are to fast on Good Friday. On days of fast, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to individual needs but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

**Lenten Mass Schedule:** Daily mass will be celebrated at 9am Monday-Saturday excluding Holy Thursday, Good Friday and Holy Saturday. Holy Thursday, The Mass of the Lord's Supper will be celebrated at 7pm with adoration to follow until 10pm in the Chapel. Good Friday, the Commemoration of the Lord's Passion with communion will be at 3pm. Holy Saturday, The Easter Vigil (This includes the Mass of Easter) will be celebrated at 8pm. Easter Sunday Masses will be held at 8:30 and 10:30am.



**CONGRATULATIONS!  
CHURCH OF THE  
INCARNATION  
WOMEN'S CLUB  
1964-2014**

On February 20, 1964, at Samuel Webb Junior High School, the Women's Club began with the election of officers and committee chairwomen at this first meeting. Under the guidance of Fr. Crawford as our Spiritual Director, the Constitution and Bylaws were formulated with the focus on spiritual, social and charitable projects for the welfare of the Parish and community. Watch for announcements of special events being planned during 2014 to celebrate the 50<sup>th</sup> Anniversary Jubilee of the Women's Club of The Church of the Incarnation.

**The 2014 Archbishop's Annual Appeal has begun in our parish and throughout the Archdiocese. You should have received a request for support from Archbishop Blair. Please** be as generous as you are able to this annual effort that funds the charitable works of the Archdiocese. Our work as a Church in social services, healthcare, and pastoral services is exciting, challenging & fulfilling. It is work we must do together in **Building Hope...Providing Help** out of love for one another and for God. Envelopes at the exits.

**Church of the Incarnation Men's Association Annual Baseball Trip**

Saturday, May 31st at Yankee Stadium, New York City: New York Yankees vs. Minnesota...1:00pm game, bus departs Incarnation at 9:00am. \$85 p.p. includes; game ticket, food, beverages, movie & raffle. Call Tony (860) 836-3064 to reserve. Checks payable to "Incarnation Church" & mail to Tony Colasacco, 151 Cider Brook Dr. Weth. CT 06109.

**Congratulations to our parishioner Mr. Thomas Mahar who received the 2014 St. Joseph Medal of Appreciation for The Church of the Incarnation.**

**Catholic Relief Services thanks the people of our Diocese for the Typhoon Haiyan Support!** The Chairman of the C.R.S. Board, Archbishop Paul S. Coakley of Oklahoma City, recently returned from the Philippines and extended a huge thank you.

**Holy Family Passionist Retreat Center...** 14th Annual Gerald J. Kristofak Golf Tournament. Thursday, June 12th, 111 Golf St., Newington, CT. visit: <http://holyfamilyretreat.org/golf>.

**You may return your Easter Flower Envelope from now until Easter.**

**Easter Communion Regulation:** Catholics are obliged to receive Communion at least once between the First Sunday of Lent and Trinity Sunday.

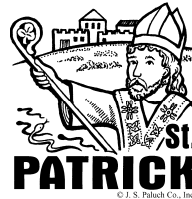
**Our Incarnation C.Y.O. Basketball Teams will celebrate their wonderful season at a pasta/pizza banquet on Monday, April 7th at 6pm in the Fr. Crawford Hall.** We ask all parents to return your child's clean uniform that night in a bag labeled by team and player name. We invite parents to share a dessert or soda/water. Hope to see you there!

**No Bucket? Deep well? The gifts of the living water of the spirit are yours! Jesus is the living water. Drink from that deep well; hear the good news of salvation.**

**If you want to proclaim the good news as a priest or religious call Fr. Anthony Smith, Director of Vocations, Archdiocesan Center at St. Thomas Seminary, (860) 761-7456 or e-mail him at: [vocations@stseminary.org](mailto:vocations@stseminary.org) or visit the web at [ww.vocationshartford.org](http://ww.vocationshartford.org).**



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Thank you to the Kalousdian Family and all of their helpers for the wonderful food, prizes, hard work and entertainment associated with the SAINT PATRICK'S DINNER!



**AVERY ELIZABETH  
WILLIAMS**

## THIRSTING FOR UNITY

In today's Gospel, Jesus is thirsty and goes to the well for a drink of water. He meets a Samaritan woman, who expects him to treat her like dirt. But surprise! He talks to her like a fellow human being, treats her with respect and interest. And what happens? Why, pretty soon the whole town turns out to hear him.

Centuries earlier, the Israelites, wandering in the desert, were thirsty. They had no water. All they had was an attitude problem. They growled at Moses, "Why did you ever make us leave Egypt?" But surprise! God gave them water from the rock. No questions asked.

All the peoples of Earth are travelers on this planet together, all thirsting, all harboring our own fearful expectations of each other. But God, as a loving parent, treats us all with generous care and compassion. We are one family. We could surprise each other. We could remember we are one.

## TODAY'S READINGS

**First Reading** — When the people grumbled to Moses for water in the desert, the Lord heard and brought forth water from the rock for all to drink (Exodus 17:3-7).

**Psalms** — If today you hear his voice, harden not your hearts (Psalm 95).

**Second Reading** — God's love has been poured into our hearts through the Holy Spirit (Romans 5:1-2, 5-8).

**Gospel** — Ask, and you will be given living water so that you will never thirst again (John 4:5-42 [5-15, 19b-26, 39a, 40-42]).

## READINGS FOR THE WEEK

Monday: 2 Kgs 5:1-15b; Ps 42:2, 3; 43:3, 4;  
Lk 4:24-30  
Tuesday: Is 7:10-14, 8:10; Ps 40:7-11; Heb 10:4-10;  
Lk 1:26-38  
Wednesday: Dt 4:1, 5-9; Ps 147:12-13, 15-16, 19-20;  
Mt 5:17-19  
Thursday: Jer 7:23-28; Ps 95:1-2, 6-9; Lk 11:14-23  
Friday: Hos 14:2-10; Ps 81:6c-11ab, 14, 17;  
Mk 12:28-34  
Saturday: Hos 6:1-6; Ps 51:3-4, 18-21ab; Lk 18:9-14  
Sunday: 1 Sm 16:1b, 6-7, 10-13a; Ps 23:1-6;  
Eph 5:8-14; Jn 9:1-41[1, 6-9, 13-17, 34-38]

## SAINTS AND SPECIAL OBSERVANCES

Sunday: Third Sunday of Lent  
Tuesday: The Annunciation of the Lord  
Friday: Abstinence

## TREASURES FROM OUR TRADITION

Especially during the Lent and Easter seasons, we are very conscious of the communal nature of baptism. We stand witness to the baptism of adults at the Easter Vigil in many parishes, and countless parishes celebrate festive baptisms for infants. The rule for celebrating baptism is that it be only once a day in any parish church, a sign of the Church's desire that baptism be the work of the gathered community. "Private baptism" is therefore a misnomer, since all baptisms, even emergency baptisms for infants in danger of death, are a public act of entrance in to the Body of Christ, the Church.

In an emergency, and providing the parents desire it, anyone can baptize by pouring water and saying, "I baptize you in the name of the Father, and of the Son, and of the Holy Spirit." But then afterward the Church is encouraged to supply what is missing: the gathered assembly to proclaim and hear God's word, the promises, the naming, the anointings, the clothing with a white garment, the candle, the Lord's Prayer, and the solemn blessing of the parents at the altar. Wonderfully, this ritual often provides the opportunity for great rejoicing at the recovery of an infant who had been in danger.

## ON THE ANNUNCIATION

Spell EVA back and AVE shall you find  
The first began, the last reversed our harms;  
An angel's witching words did Eva blind,  
An angel's Ave disenchant the charms:  
Death first by human weakness entered in,  
In human virtue life doth now begin.

## AVAILABILITY

God does not ask for our ability or our inability, but our availability.

## Confirmation Name Essay

For confirmation I chose the name James, after Saint James. James was chosen by Jesus to be one of the twelve apostles. "He walked along a little farther and saw James, the son of Zebedee, and his brother John. They too were in a boat mending their nets. Then he called them. So they left their father Zebedee in the boat along with the hired men and followed him" (Mark 1:19-20). He was given the mission to proclaim the Good News, and authority to heal and cast out demons. James had a special place in Jesus' life. He was one of the three men chosen to witness the Transfiguration of Jesus. Also when Jesus went up to the mountain to pray, he wanted James, John, and Peter to go with him. It is obvious that James was a respected friend of Jesus. James was also very ambitious and committed to serving Jesus and preaching the Good Word. It is believed that James was the first of the apostles to be martyred or killed for his faith. This James is also known as James the Greater perhaps because he was the first of the James' to follow Jesus.

I decided to choose this name because it is my grandfather's name. My grandfather is important to me because he helped me become the person I am today. He is a selfless, caring person. He remains strong in his Catholic faith. By modeling myself after this saint I hope to learn more about putting others before myself. I hope to strengthen my faith by standing up for what is right and praying more often. This is why the name James is significant to me.

**We are grateful to all who filled the Rice Bowls .** If you still have your Rice Bowl, for Catholic Relief Services please return it in the collection baskets. Thank you!

ABC's of Catholic Relief Services: This week - CRS/Tanzania... Rural areas of Tanzania lag badly behind. Water and improved sanitation needs are great. American Catholics help via CRS by improving water infrastructure in many ways. And especially with education and training. Education and training are gifts that continue to give for generations. Next week - CRS/Uganda. For more info visit: [www.crs.org](http://www.crs.org)